Prayer Guide for Parents of Boys

A seven-day rhythm for Scripture-shaped prayer without trying to control the outcome.

Purpose
Pray for your son as a person loved by God, not as a project whose performance proves your faithfulness.

Scripture orientation: Philippians 1:9-11; Colossians 1:9-12; Ephesians 3:14-21 (NASB95)

Use with: Parents, guardians, grandparents, pastors, and mentors

My son

Name

Current season

One burden I am releasing to God

One gift or evidence of grace I thank God for

Seven-day prayer rhythm

- ☐ Know Christ
- ☐ Become like Christ
- ☐ Wisdom and responsibility
- ☐ Friendship and church
- ☐ Body, purity, and safety
- ☐ Calling and service
- ☐ Family and future relationships

Prayer notes

Scripture I am praying

What I am asking God to do

What God may be asking me to do

A brief blessing I can speak without pressure

Prayer
Father, strengthen my son through Your Spirit. Root him in love, fill him with wisdom, and form in him a life that pleases You. Teach me to pray faithfully without using prayer to manage him. Amen.

Use this worksheet to support biblical discipleship and honest family conversation, not to force disclosure or shame unfinished growth. It does not provide diagnosis, treatment, legal advice, emergency assessment, or crisis care.

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