Family Technology Agreement

A values-based agreement for devices, media, gaming, privacy, safety, and repair.

> Purpose
> Create boundaries the family can explain, practice, and review together. The goal is growing wisdom and responsibility, not winning a control struggle.

Scripture orientation: Psalm 101:2-3; Ephesians 5:15-16; Philippians 4:8; 1 Corinthians 10:23-24 (NASB95)

Use with: Families with children, tweens, or teens using connected devices

Our family values

- ☐ Truth
- ☐ Dignity
- ☐ Stewardship
- ☐ Wisdom
- ☐ Help-seeking

Our boundaries

Devices covered

Where devices charge and sleep

Tech-free times and places

Approved apps, games, and contacts

Purchases and subscriptions

Photos, location, passwords, and privacy

Monitoring we understand and accept

When something goes wrong

Our safe-disclosure phrase

Adults we can contact

Immediate steps

Proportionate consequences

How trust can be rebuilt

Review date

Agreement

Young person

Parent or guardian

Other caregiver

Date

Prayer
God of truth and wisdom, help our family use technology without being mastered by it. Make us honest, considerate, courageous, and ready to seek help. Amen.

Use this worksheet to support biblical discipleship and honest family conversation, not to force disclosure or shame unfinished growth. It does not provide diagnosis, treatment, legal advice, emergency assessment, or crisis care.

raisinggodlymen.com | A resource for parents and mentors